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IPL pre & post care instructions

For best results, please follow these instructions

Before your IPL treatment:

1. If possible please do not wear makeup to your treatment.
2. Avoid any irritants to your skin, such as any products containing Retin-A, retinol, benzoyl peroxide, glycolic/salicylic acids, astringents or Vitamin C for one week before your treatment.
3. Do not wax or use a depilatory on treatment areas for 1 week prior to your treatment.

After your IPL treatment:

DO NOT EXFOLIATE FOR AT LEAST 10 DAYS

1. Avoid sun exposure and tanning beds to treated areas after treatment (we recommend this indefinitely) Daily sunscreen with an SPF of at least 30 and contains above 4% zinc oxide is vital to maintain your improved skin.
2. Avoid any irritants to your skin, such as any products containing Retin-A, retinol, benzoyl peroxide, glycolic/salicylic acids, astringents or Vitamin C for one week after your treatment.
2. Do not wax, tweeze or use a depilatory to the treated areas for 1 week after your treatment.
4. Treated lentigines usually darken after treatment, and crusting begins to form within a few days. This crusting usually resolves in 1 to 3 weeks. It should be allowed to naturally flake off.
5. If significant crusting occurs beyond the normal flaking of the treated lesions, an antibiotic ointment such as Polysporin or Bacitracin may be recommended.
6. Localized redness may be present and typically resolves within 24 to 48 hours
7. If you do not need make-up for the evening of treatment, wait until the next morning.
8. Apply ice, 15 minutes on and 15 minutes off, for two hours if necessary.