

#### **RADIESSE PRE CARE INSTRUCTIONS:**

**Avoid for 10-14 days medications that cause blood thinning or inhibit clotting such as:**

- Aspirin & aspirin containing products
- Coumadin, Warfarin, Lovenox, Plavix, Pletal, Ticlid, Trental

**Contraindications to Radiesse include:**

- History of allergy or reaction to any component of the Radiesse
- Infection at proposed treatment sites
- Active inflammatory process at proposed treatment sites
- History of keloid formation or hypertrophic scarring
- Pregnancy or breastfeeding
- Current immunosuppressive therapy

**If there is a history of facial cold sores, there is a risk of exacerbation. Please discuss with physician medications that may minimize the risk of recurrence.**

**Multiple injections might be made depending on the site and depth of the wrinkles.**

**After treatment there will be moderate to severe swelling, some redness and bruising. These symptoms will resolve in about 7 days.**

#### **RADIESSE POST CARE INSTRUCTIONS:**

- Do NOT touch treated areas for 6 hours. After 6 hours, the areas can be gently washed.
- Do NOT massage treated areas for 48 hours.
- Do NOT exercise for 24 hours after treatment.
- Do NOT drink alcohol for 24 hours after treatment.
- Avoid excessive sun exposure, UV lamp exposure, tanning, and cold outdoor activities until redness and swelling resolve.
- After treatment there will be moderate to severe swelling, some redness & bruising. These symptoms will resolve in about 7 days. Please contact office if these symptoms persist beyond 7 days.
- Ice frequently for comfort and to reduce swelling.
- Take Tylenol as needed for discomfort.
- Please schedule a follow up appointment in 2 weeks.
- Results vary from person to person, additional treatments may be necessary to achieve the desired level of correction.

- Periodic maintenance injections, generally within 1-2 years, will help sustain the desired level of correction